



## **Breakfast**

Freshly Squeezed Orange or Cranberry Juice

Flahavan's Porridge  
Served with Honey or Cream (1,7) 4.50

Emmet Granola  
Served with Fruit or Fat Free Yoghurt 5.50

The Full West Cork  
Clonakilty Back Rashers, Sausages & Black Pudding, Rosscarbery White Pudding,  
West Cork Eggs Your Way, (fried, poached or scrambled), Toast (1,3,7) 11.95

Mini West Cork  
All of the above but smaller (1,3,7) 9.95

Vegetarian Breakfast  
West Cork Eggs - Your Way, (fried, poached or scrambled),  
Baked Beans, Grilled Tomato, Fried Mushrooms (1,3,7) 9.95

Eggs Benedict  
Poached West Cork Eggs, Bacon, Hollandaise Sauce  
Served on toasted Country Bread (1,3,7) 10.95

Homemade Pancakes  
Served with Maple Syrup (1,3,6,7) 6.95 Add Bacon 2.50

French Toast  
Served with Maple Syrup (1,3,6,7) 6.95 Add Bacon 2.50

Scrambled Eggs on Toast  
6.95 (1,3) Add Bacon 2.50  
Tea & Toast (1,7) 4.95  
Barry's Tea or Nespresso Coffee

**Allergens:1. Cereals 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans 7. Milk 8. Nuts 9. Celery 10. Mustard 11. Sesame Seeds 12. Sulphur 13. Lupin 14. Molluscs  
(g) Gluten free or ask your server (v) vegetarian**